

"And Jesus Grew"– Increasing Favor and Blessings in 2022

"And Jesus increased in wisdom and in stature and in favor with God and man. Luke 2:52"

Favor and Blessing are both seeds planted and fruit harvested. Take time to plant well in each of 4 spheres in which Jesus increased as He grew as well as addressing your past and planning your future. Over the next few days talk and write down your goals and thoughts in each of the spheres.

Past

1. What activity or event gave you great joy last year? Will you repeat it?
2. What activity or event was painful to endure? How did it help you grow?
3. Is there anyone that you need to forgive, before the New Year starts?
4. What types of adjustments do you need or want to make financially?
5. Did someone close to you pass away this year? How has this impacted you?

Future

1. Is there a skill that you would like to learn this year? When will you start learning?
2. Do you have written financial goals for the new year? What are your budgeting plans?
3. What are your travel or vacation plans for rest and entertainment?

Mentally (With wisdom get understanding)

1. Describe your life purpose in one or two sentences. How will you adjust and align to those priorities which you have identified as the most important in your life?
2. What are your reading goals for 2022?
3. Memorization helps keep the mind sharp. What is your Bible verse memorization goal and plan?

Socially (Loving others well – favor with people)

1. Have you scheduled regular and seasonal activities with your spouse, family and friends?
2. How much time do you spend daily on FB? Internet? Radio? or TV (binging)? How will you steward your time in such a way that reflects God first? Time can never be recaptured, only spent.
3. Who are your closest friends? At work? At church? In your community? How do you communicate encouragement with them consistently?

Physically (keeping physically fit – growing in stature)

1. Is there a new activity that you want to start?
2. How much sleep do you require at night? What keeps you from getting it?
3. What dietary changes will you make? Do you need a physical checkup?
4. How do you incorporate exercise in your life? Gym? Exercise partner? Exercise routine?

Spiritually (Enlarging your favor and intimacy with God)

1. What spiritual discipline needs more focus in your life, such as Quiet time, Scripture memory, journaling or fasting?
2. What is "God saying" to you about promises yet to be fulfilled? Your consistency of walking in the Holy Spirit? Obedience to live in holiness?
3. Is there someone that you are praying for to get saved?
4. Who are Paul's (a mentor or teacher), Barnabas' (close friend with whom you do life together), and Timothy's (someone you are helping to mature) in your life? How are you going to nurture these relationships?